

WAYNE STATE UNIVERSITY
Professional Record

NAME: JUDITH M. FOULADBAKHSI, PhD, RN, PHCNS-BC, AHN-BC, CHTP

DATE PREPARED: Nov. 2103

DATE REVISED: Jan. 2014

Office: 238 Cohn Building
Address: 5557 Cass Avenue
Telephone: 313-577-0388
Citizenship: USA

Home: 2464 N. Fairview Lane
Address: Rochester Hills, MI.48306
Telephone: 248-760-1158

DEPARTMENT/COLLEGE: Family, Community and Mental Health, College of Nursing

PRESENT RANK & DATE OF RANK: Associate Professor, Tenured 2013

WAYNE STATE UNIVERSITY (WSU) APPOINTMENT HISTORY

Year Appointed/Rank:

2013 – Associate Professor, Tenured

2007 – Assistant Professor (tenure track)

2003 – Assistant Professor (clinical non-tenure track)

2001 – Clinical Faculty (clinical non-tenure track; fractional time)

1978 – Assistant Professor (non-tenure track; fractional time)

EDUCATION and CERTIFICATIONS

Baccalaureate: State University of New York at Buffalo May 1969
Buffalo, New York
Nursing

Masters: State University of New York at Buffalo May 1975
Buffalo, New York
Community/Public Health Nursing

Doctorate: Michigan State University Dec. 2006
East Lansing, Michigan
Nursing Research

Licensure: New York State Licensure June 1969
Michigan: ID No. 4704124799 Dec. 1978

Certification 1: Advanced Practice Clinical Specialist, Dec. 2000 – Dec. 2011
Public/Community Health Nursing APRN-BC Dec. 2011 – Dec. 2016
Clinical Nursing Specialist, PHCNS-BC
Certification # 0363303-19
American Nurses Credentialing Center

Signature: *Judith M. Fouladbakhs* 1/2/14

Certification 2:	Advanced Practice Holistic Nurse, AHN-BC American Holistic Nursing Certification Corporation, Certification # 804	March 2001 – Aug. 2017
Certification 3:	Certified Healing Touch Practitioner, CHTP Healing Touch International Certification # 2076	Nov. 2003 – present
Certification 4:	Certified Reflexologist Heart & Sole Reflexology Program Center for the Healing Arts, Michigan	March 2012 – present
Certification 5:	Reiki Master International Center for Reiki Training Southfield, Michigan	March 2013 – present

FACULTY APPOINTMENTS/TEACHING AT OTHER INSTITUTIONS

2006 – 2009	Allen College, Nursing, Iowa Health System, Online Pain Management Course, Complementary Therapies lectures, Waterloo, Iowa
1978 – 1979	Assistant Professor, Niagara University Niagara Falls, New York
1975 – 1978	Instructor, Niagara Community College Niagara County, New York
1974 – 1974	Clinical Faculty, Oncology D'Youville College & Roswell Park Cancer Institute Amherst, New York

NON-ACADEMIC CLINICAL POSITIONS

1973 – 1975	Buffalo General Hospital Buffalo, New York	Staff RN OB-GYN, surgical
1972 – 1973	Community Nursing Services of Philadelphia Philadelphia, Pennsylvania	Public Health Nursing & Home Care; cancer pts.
1971 – 1972	Cook County Hospital Chicago, Illinois	RN, Family Planning Clinic
1971 – 1972	Crittenton Comprehensive Care Center Chicago, Illinois	PHN, Women's health; pregnant teens
1970 – 1971	University of Chicago Hospitals Chicago, Illinois	RN, Medical Surgical Nursing (Part-time)

1969 – 1970	Erie County Health Department Buffalo, New York	PHN
1968 – 1969	Millard Fillmore Hospital Buffalo, New York	LPN staff nurse

PROFESSIONAL SOCIETY MEMBERSHIPS

2001 – present	International Society of Complementary Medicine Research (ISCMR)	Board of Directors (2010-2016)
2000 – present	Midwest Nursing Research Society (MNRS)	Member
2003 – present	Oncology Nursing Society (ONS)	Member, PEP reviewer OASIS Volunteer
2007 – present	Oncology Nursing Society Complementary & Integrative Therapies SIG	Board of Directors, Candidate (2013-2016) Coordinator Ex-Officio (2012–2013) Coordinator (2010-2012) Coordinator-elect (2009 – 2010)
2000 – present	American Holistic Nurses Association (AHNA)	Member; AHNCC Exam Development
1995 – present	Sigma Theta Tau International (STTI)	Board Member, Lambda Chapter Student Advisor
1995 – 2012	American Public Health Association (APHA)	Member Abstract Reviewer
1995 – 2012	Michigan Public Health Association (MPHA)	Board of Directors Chair, Reproductive Health Section
2000 – 2007	American Society of Pain Management Nurses (ASPMN)	Nominating Committee Research Committee (2002 – 2005)

HONORS/AWARDS

- 2013 The Pain Community, TPC 2013 National Hero. National recognition for contribution to pain management using complementary therapies as adjuncts to patient care. <http://paincommunity.org/advocacy/tpc-heroes/>
- 2012 Ada Jacox Pain & Symptom Management Research Award
Wayne State University College of Nursing
- 2009 Sigma Theta Tau, Lambda Chapter Research Award
Wayne State University 30 Year Service Recognition Award
- 2008 Wayne State University Research Award, Office of the Vice President of Research
- Harriet Werley Research Award, Wayne State University College of Nursing
- 2007 Oncology Nursing Society Foundation Research Award
- 2006 Oncology Nursing Society Foundation Research Award
- 2005 Oncology Nursing Society, Excellence in Cancer Nursing Research Award
Blue Cross Blue Shield of Michigan Foundation, Student Research Award
Sigma Theta Tau, Lambda Chapter Research Award
Michigan State University International Studies Award
- 2004 Michigan State University College of Nursing Fellowship Award
Wayne State Professional 25 Year Service Award
Helen Calder Scholarship Award, Michigan State University
- 2003 Colorado Center for Healing Touch, Certificate of Recognition
Stuckle Nursing Scholarship, Michigan State University College of Nursing
- 2002 Michigan State University, College of Nursing
- Doctoral Fellowship
 - Helen Calder Memorial Scholarship
 - Dean's Fellowship: Nursing, Michigan State University
- California Pacific Medical Center Complementary Medicine Research Institute
Certificate of Recognition
Wayne State University President's Commission on the Status of Women
Certificate of Recognition
- 2000 Wayne State University, College of Nursing Excellence in Teaching Award

BIOGRAPHICAL CITATIONS (National/Regional or Professional Directories)

American Nurses Credentialing Center, Advanced Practice Directory

American Holistic Nurses Professional Directory

Healing Touch International, Certified Practitioner Directory

Midwest Nursing Research Society Directory

I. TEACHING

A. Years at Wayne State University: 35

B. Years at Other Universities: 4

C. Courses Taught at Wayne State University in last 5 years

1. Undergraduate Courses: ¹Course Coordinator ²Lecture ³Clinical

NUR 2070 Professional Nursing in the Future: Strategies for Health Promotion ^{1,2}

NUR 4120 Community Focused Nursing Practice ^{2,3}

2. Graduate Courses – Responsibilities: ¹Course Coordinator ²Lecture ³Clinical

NUR 7105 Theoretical Foundations for Advanced Nursing Practice ^{1,2}

NUR 7865 Foundations of Complementary & Alternative Medicine (CAM)
Use in Professional Nursing Practice, Clinical Intervention I ^{1,2,3}

NUR 7870 Understanding the Evidence: Complementary Therapy Research ^{1,2,3}

NUR 7875 Complementary & Alternative Medicine Therapies: Use in Professional
Nursing Practice, Clinical Intervention II ^{1,2,3} (Winter 2013)

3. Online Teaching & Distance Education

NUR 7105 Wayne State University On site & multiple distance sites across Michigan; Created “Nursing Theorists Online” Online student dialogue with

nursing theorists © Fouladbakhsh

NUR 7865	Wayne State University	Onsite & multiple sites across Michigan
NUR 245	Allen College, Iowa Health System 2006 – 2009	Practice Oriented Pain Management (online)

D. Essays/Theses/Dissertations/Directed Study

2013	C. Subotich, WSU CON, Psych-Mental Health Masters Program <u>Project Focus/Title:</u> Reflexology for Adolescents with Headaches <u>Role:</u> Supervision of directed study
2013	T. Robinson, WSU CON Public Health Nursing Masters Program <u>Project Focus/Title:</u> Reflexology for Adolescents with Headaches <u>Role:</u> Supervision of directed study
2013	M. Cobb, WSU CON Public Health Nursing Masters Program <u>Project Focus/Title:</u> Reflexology for Adolescents with Headaches <u>Role:</u> Supervision of directed study
2013	Sarah Jones, WSU CON, Psych-Mental Health Masters Program <u>Project Focus/Title:</u> Reflexology for Adolescents with Headaches <u>Role:</u> Supervision of directed study
2013	Toshi Tanaka, WSU CON, Psych-Mental Health Masters Program <u>Project Focus/Title:</u> Reflexology for Adolescents with Headaches <u>Role:</u> Supervision of directed study
2012	Joanne Nassar, WSU CON Adult Health Nurse Practitioner Program <u>Project Focus/Title:</u> Research interventions for complementary therapies <u>Role:</u> Supervision of directed study
2012	Jennifer Wims, WSU CON, Psych-Mental Health Masters student <u>Project Focus/Title:</u> Research interventions for complementary therapies <u>Role:</u> Supervision of directed study
2012	M. O'Grady, WSU, Doctorate of Nursing Practice program <u>Project Focus/Title:</u> MBSR for Nurse Caregivers <u>Role:</u> Clinical Inquiry Project Committee Member, CAM Expert
2012	K. George, Eastern Michigan University, Doctoral Program in Educational Studies/Nursing Education <u>Project Focus/Title:</u> Complementary & Integrative Education <u>Role:</u> Dissertation consultation, CAM Expert

- 2011 N. Brown, Master's Program Directed Study
Project Focus/Title: CAM interventions; lung cancer patients/survivors
Role: Supervision of directed study
- 2010 S. LeRoy, DNP Program Directed Study
Project Focus/Title: CAM interventions with children; cancer care
Role: Supervision of directed study
- 2006 D. Hartz, Wayne State University, Master's Program
Research consultation & guidance
Project Focus/Title: Pain Self-treatment among Older Adults
Role: Supervision of research project/manuscript preparation

E. Course and Curriculum Development

1. Program Development

RN-BSN Outreach Program: Active involvement in the development and implementation of the 1st RN completion program in the U.S. (1979-2011). Faculty of record/coordinator for four core didactic and clinical courses held off-site (hospitals, community centers, university locations) for practicing RNs. Roles: Program & course development, course coordinator, lecturer, clinical faculty, clinical partner establishment.

RN-MSN Henry Ford Program: (1990-2011). This program mirrors the one above but added the component of a direct path to achieving an MSN. Roles: Same as above.

Advanced Practice Public Health Nursing (APPHN) Program

Advanced Practice Psych-Mental Health Nursing (APPMHN) Program (2009)

Active involvement in faculty task force designated to revise and recreate these graduate programs. Project supported by Health Resources and Services Administration (HRSA) grant; Roles: Project development & grant co-collaborator.

Complementary Therapies for Healthcare Graduate Certificate Program: (2009-2013).

Coordinated and directed the development of this program from initiation to completion. This program reflects the need for understanding CAM and integrative healthcare and related research, and was prompted by the increasing prevalence of use in diverse populations for health promotion and symptom management. Roles: Graduate Program Director, program initiation, creation and course development (3 courses); approved by university provost, graduate council and Board of Governors, May 2011.

2. Course Development (Past 5 Years: additional information upon request)

- NUR 7865 Foundations of Complementary & Alternative Medicine (CAM): Use in Professional Nursing Practice, Clinical Intervention I

NUR 7870	Course credits: 3 (2 credits lecture; 1 credit clinical application) Understanding the Evidence: Complementary Therapy Research Course credits: 4 (3 credits lecture; 1 credit clinical application)
NUR 7875	Complementary & Alternative Medicine Therapies in Nursing Practice: Clinical Intervention II Course credits: 5 (3 credits lecture; 2 credits clinical application)
NUR 7105	Theoretical Foundations for Advanced Practice Nursing Course credits: 3 - graduate core course.
NUR 4120	Community Focused Nursing Practice Course credits: 6 (4 credits lecture; 2 credits clinical practice)
NUR 2070	Professional Nursing in the Future: Strategies for Health Promotion

3. Content Development Across Undergraduate & Graduate Programs (for courses previously discussed on page 5; **Past 5 Years:** additional information upon request)

Content Area	Courses	Program
Public/community health <ul style="list-style-type: none"> - Health promotion & wellness - Community education - Community assessment & intervention - Cancer prevention & survivorship <p>Content focused on public/community health, leadership and management, professional practice, and community-based cancer care has been developed and integrated across nursing programs.</p>	NUR 2070 NUR 2995 NUR 4120	Undergrad. RNs Undergrad. CD ₂ Undergrad. Trad.
Holistic Nursing philosophy & practice Evidence-based complementary & alternative medicine (CAM) <ul style="list-style-type: none"> - Holistic philosophy - Holistic assessment & intervention - CAM research - CAM & integrative nursing practice - Oncology nursing practice <p>Content on evidence-based complementary and alternative medicine (CAM) therapies for use in nursing practice has been developed and presented across undergraduate & graduate courses for diverse patient populations (child-adult).</p>	NUR 2070 NUR 2995 NUR 4120 NUR 7865 NUR 7175 NUR 7207 NUR 7227 NUR 7840	Undergrad. RNs Undergrad. CD ₂ Undergrad. Trad. Graduate NP programs (Pediatrics, Primary care, Psych-mental health, Public health)

<p>Theoretical Foundations for Advanced Practice</p> <ul style="list-style-type: none"> - Theory & Model development - Conceptual frameworks - Application of models in research & clinical practice <p>Content has focused on a wide range of nursing and other theories for use in advanced practice. Holistic theories have been integrated in my courses & include Watson, Rogers and others.</p>	<p>NUR 7105</p>	<p>Graduate students on site & distance learning</p>
--	-----------------	--

4. Clinical Community Partnerships and Practice Site Development (Past 5 Years: additional information upon request)

I have developed an extensive list of community partnerships with public health agencies, schools (elementary- university), non-profit organizations, hospitals and healthcare systems, and volunteer organizations for the purpose of enhancing undergraduate and graduate student community health clinical practice experiences. These have focused on symptom management using conventional and CAM practices with vulnerable populations, and include the following.

<u>Site</u>	<u>Vulnerable Population</u>
South Oakland Citizens for the Homeless (SOCH) Welcome Inn Program	Homeless adults (18 and older)
South Oakland Shelter Program for the Homeless	Homeless children & adults
Center for the Healing Arts	Adolescents with pain
Beaumont Healthcare System	Homeless children & adults
Healing Touch Center	Individuals with cancer & chronic illness
Gilda's Club of Metro Detroit	Cancer patients, survivors & caregivers, all ages
Common Ground Sanctuary	Homeless adolescent
Sexual Assault Nurse Examiner (SANE) Program, Macomb County	Sexual abuse victims, all ages

Henry Ford Hospice	Patients & caregivers at end-of-life
Judson Center	Children with special needs
Van Dyke School District	School age children; low income families

F. Course Materials (Unpublished)

Theorist Online Program Guide Homeless Health Assessment Forms Homeless Health Progress Notes Community Health Assessment Guide Holistic Nursing Assessment Guide Epidemiological Guide for Nursing Course syllabi & evaluation documents	Complementary Therapy Guides for Nursing Practice <ul style="list-style-type: none"> • Yoga Information Guide • Energy Healing Information Guide • Aromatherapy Information Guide • Drug-Herb-Supplement Interaction Guide
---	--

II. RESEARCH

A. Research in Progress, Not Funded

- 2012 – present Principal Investigator. *Best Practices in Integrative Cancer Care: Survey of Oncology Nurses*. In collaboration with the Oncology Nursing Society (ONS) and the ONS Complementary and Integrative Therapies Special Interest Group.
- 2010 – present Principal Investigator. *Perceived & Expected Effects of Exercise and CAM Practice Use Among Cancer Survivors*. In collaboration with Dr. A. Buessing, University of Witten-Herdecke, Germany

B. Research Funded, Scored and/or In Revision

- 2013-2016 Principal Investigator. *A Pilot Study of Yoga for Breathing and Quality of Life of Lung Cancer Patients*.
NIH/NCI Notice of Award (R15) – April 1, 2013-2016
Budget (direct funds) \$319,079.00
- 2012 – 2013 Principal Investigator. *A Pilot Study of Self and Parent-administered Reflexology for Adolescents with Recurrent Headaches*. Funded by the Ada Jacox Pain and Symptom Management Research Award, Wayne

- 2011 – 2013 State University, College of Nursing (\$5,000).
Principal Investigator. *A Pilot Study of Yoga for Breathing and Quality of Life of Lung Cancer Patients*. Submitted to NCI (R15); Resubmission Impact Priority Score 10/24/12: 19
- 2009 – 2010 Principal Investigator. *A Pilot Study of Gentle Yoga for Lung Cancer Patients*. Funded by the American Holistic Nurses Association Research Award and Sigma Theta Tau Research Award (\$4,000)
- 2008 – 2009 Principal Investigator. *Patterns and Predictors of Complementary and Alternative Medicine Use in a Cancer Population: A Secondary Analysis of the 2007 National Health Interview Survey*. Funded by Wayne State University Research Award (\$10,000) and Harriet Werley Research Award (\$2,000).
- 2007 – 2009 Principal Investigator. *Gender, Symptom Experience and CAM Practices Among Cancer Survivors*. Research Funding: Oncology Nursing Society Foundation. (\$9,698).
- 2006 – 2007 Principal Investigator: *Patterns & Predictors of Complementary and Alternative Therapy Use in the U.S. Cancer Population: A Secondary Analysis of the 2002 NHIS*. Funded by Sigma Theta Tau, Lambda Chapter; Blue Cross Blue Shield Foundation of Michigan; Oncology Nursing Society Foundation; Michigan State University (\$22,877).
- 2004 – 2006 Principal Investigator. *Pain Management Outcomes of Healing Touch Interventions*. Funded by Healing Touch International Foundation (\$2,500).
- 2003 – 2004 Principal Investigator. *Self-treatment of Pain by Adolescents*. Funded by the American Society of Pain Management Nurses. (\$3,000).
- 2001 – 2002 Co-Principal Investigator. *Non-drug Interventions for the Self-Treatment of Pain: Pilot Study*. A. Vallerand (PI). Funded by Wayne State University, College of Nursing Summer Research Initiative. (\$10,000).
- 2001 – 2002 Co-Principal Investigator. *Self-Treatment of Pain in a Rural Community: A Canadian Cohort*. C. Riley-Doucet (PI). Funded by Sigma Theta Tau. (\$3,000).
- 2000 – 2001 Co-Principal Investigator. *Self-Treatment on Pain in a Rural Community*. A. Vallerand (PI). Funded by Wayne State University, College of Nursing Summer Research Initiative. (\$10,000).

Total funding to date: \$407, 054

C. Fellowships/Grants/Special Awards

- | | |
|-------------|--|
| 2006 | Michigan State University Dissertation Research Fellowship |
| 2004 | Michigan State University College of Nursing, Helen Calder Scholarship |
| 2003 & 2002 | Michigan State University College of Nursing Fellowship Award, Stuckle Scholarship |
| 2002 | Michigan State University College of Nursing Dean's Fellowship |

D. Research – Completed/Not Submitted for Funding/Not Funded

- | | |
|-------------|--|
| 2009 –2010 | <u>Principal Investigator</u> . <i>Comparative Analysis of CAM Use in the U.S. Cancer & Noncancer Populations: NHIS 2002 & 2007</i> . Submitted (NIH); not funded. |
| 2008 – 2009 | <u>Principal Investigator</u> . <i>Prevalence, Patterns & Predictors of Complementary Therapies among U.S. Cancer Survivors: Secondary Analysis of the NHIS 2007 Survey</i> . Submitted (ONS); not funded. |
| 2005 | <u>Principal Investigator</u> . <i>Predictors of Use of Complementary and Alternative Therapies Among Cancer Patients</i> . Not submitted. |
| 2003 | <u>Principal Investigator</u> . <i>Online Survey of University Women's Health Needs</i> . Not submitted for funding. |
| 2002 | <u>Principal Investigator</u> . <i>Self-treatment of Pain in Community-Dwelling Older Adults</i> . Submitted (Women of Wayne); not funded. |
| 2001 | <u>Co- Principal Investigator</u> . <i>Self-Treatment of Pain in Urban, Rural & Suburban Communities</i> . Not submitted. |

E. Research Proposals Submitted (Not Funded)

- | | |
|------|--|
| 2010 | <u>Principal Investigator</u> . <i>Perceived and Expected Effects of Exercise Among Cancer Survivors</i> . Sigma Theta Tau, Lambda Chapter. |
| 2009 | <u>Principal Investigator</u> . <i>Complementary and Alternative Medicine Use in the U.S. Cancer and Noncancer Populations, 2002 & 2007. Patterns, Predictors & Decision-Making</i> . NIH, R01: National Center for Complementary and Alternative Medicine/National Cancer |

- Institute.
- 2009 Principal Investigator. *Perceived and Expected Effects of Exercise Among Cancer Survivors.* ONS Foundation Research Program.
- 2009 Principal Investigator. *Gender, Symptom Experience & CAM Practices: 2007 NHIS.* ONS Foundation Research Program.
- 2008 Principal Investigator. *A Pilot Study of Gentle Yoga for Lung Cancer Patients.* ONS Foundation Research Program.
- 2008 Principal Investigator. *Community-Based Mental Health Promotion & Healthcare for the Homeless.* Flinn Foundation, Michigan.
- 2008 Project Director. *Development and Implementation of a Complementary Therapies in Healthcare Certificate Program for Advanced Practice Nurses: Impact on Mental Health.* Flinn F.

F. Non Research Proposals (Funded)

- 2009 – present Project Team Member. *Improving Access to Health Care in Urban and Rural Federally Designated Underserved Areas of Practice Public Health Nurses.* HRSA Funded.

G. Research Partnerships/Collaborations (collaborative relationships on research studies; includes development of strategy, planning, consultation and/or implementation)

- 2012 – 2013 Columbia University Medical Center & Society for Integrative Oncology, New York, NY; D. Hughs-Ndao. *Best Practices in Integrative Cancer Care: Oncology Nursing Society Survey.*
Role: Principal Investigator
- 2011 – present Karmanos Cancer Institute, Detroit, Michigan
Dr. S. Gadgeel, Medical Oncologist, Director of Lung Clinic, & Dr. A. Soubani, Internal Medicine & Pulmonology. *Effects of Yoga on Breathing, Mood, Sleep & Quality of Life of Lung Cancer Patients.* (NIH R15 submission)
Role: Principal Investigator
- 2011 – present University of Michigan Medical Center, Ann Arbor, Michigan
Dr. G. Kalemkerian, Co-Director of Thoracic Oncology. *Effects of Yoga on Breathing, Mood, Sleep & Quality of Life of Lung Cancer Patients.* (NIH R15 submission)
Role: Principal Investigator

- 2011 – present Wayne State University
K. Kowalewski, H. Yarandi, C. Danford (University of Pittsburgh), & Children’s Hospital of Michigan, Department of Neurology. *Parent and self-administered reflexology for adolescents with recurrent headaches*. Funded
Role: Principal Investigator
- 2009 – 2012 University of Witten-Herdecke, Germany
Dr. A.Buessing, Chair, Department of Medical Theory & Complementary Medicine. *Perceived and expected effects of exercise & CAM movement practices among cancer survivors*. (ONS Foundation submission)
Role: Principal Investigator
- 2009 – 2010 University of Toronto /University of Calgary, Canada
Dr. Heather Boon, & Dr. M. Verhoef, Cancer & Complementary Alternative Medicine (CCAM) Research Team. *CAM decision making among breast cancer survivors*. (Canadian Institutes of Health Research submission)
Role: Consultant
- 2008 – present Wayne State University, College of Nursing, Detroit, MI
Dr. Jean Davis, & Dr. Hossein Yarandi. *Yoga for lung cancer patients*. (AHNA & STTI submission; NIH R15 submission). Role: PI

H. Additional Research Activities and Initiatives

- **Yoga & More (CAM) Research Interest Group (RIG), WSU CON**
I created this interdisciplinary research group in 2009 to address the interest in, and need for research development in the field of complementary, alternative and integrative healthcare as prevalence of use of these therapies expands. Membership in this RIG has included university faculty, undergraduate and graduate students (nursing & medicine), clinical healthcare partners and practitioners (nurses and CAM providers).
Focus areas: These include: a) Research on **CAM practices used for symptom management and health promotion in diverse and vulnerable populations**; b) integrative nursing research (adults and children); c) publications and presentations at local, national and international meetings.
Progress: To date, the CAM RIG has successfully participated in the following:
 - a) 14-week pilot study on yoga for lung cancer survivors providing data to support current NIH submission;
 - b) Proposal submission and receipt of funding (Jacox Award) for research on reflexology for adolescents with recurrent headaches;
 - c) Presentation of study data at local, national and international conferences

d) manuscript publications

III. PUBLICATIONS

A. Chapters Published/Accepted

Fouladbakhsh, J.M., & Szczesny, S.M. (2014). Integrative nursing in community health
In M. J. Kreitzer & M. Koithan (Eds.), *Integrative nursing*. Weil Integrative Medicine
Library. Oxford Press Publisher.

Fouladbakhsh, J. M., & Levin, J. (2006). Complementary and alternative medicine. In
Treatment options: A guide for people living with pain (pp. 35-46). Baltimore, MD:
American Pain Foundation.

Fouladbakhsh, J.M. (2003). Nonpharmacological & complementary approaches to pain
management. In *Pain management made incredibly easy* (pp. 87-130). Philadelphia:
Lippincott, Williams & Wilkins.

Myks, B.A. & **Fouladbakhsh, J. M.** (1988). Interactions on Main Street. In E. S.
Hanchett (Ed.), *Nursing frameworks and community as client* (pp. 109-116).
Norwalk, CT: Appleton & Lange.

B. Refereed Journals (Accepted/In Press/In revision) (IF =Impact Factor; *Feature article)

Fouladbakhsh, J. M., Davis, J. A. & Yarandi, H. (In Press). A pilot study of the
feasibility and outcomes of yoga for lung cancer survivors. *Oncology Nursing Forum*.
[Data-based; IF 2.509].

Fouladbakhsh, J. M., Balneaves, L. & Jenuwine, L. (2013). Understanding
CAM natural health products: Implications of use among cancer patients and
survivors. *Journal of the Advanced Practitioner in Oncology*,4(5), 289-306.

Fouladbakhsh, J. M., Davis, J. A. & Yarandi, H. (2013). Using a standardized
Viniyoga protocol for lung cancer survivors: a pilot study examining effects on
breathing ease. *Journal of Complementary & Integrative Medicine*. 10(1), 1-13.
[Data-based; IF H Index 5]

Fouladbakhsh, J. M., Szczesny, S., Kowalewski, K., & Blair, D. (2013). Honoring the
spirit of research within: The Yoga & More (CAM) Research Group. *Journal of
Nursing Education & Practice*.
[Conceptual paper; IF not available]

Fouladbakhsh, J. M. (2012). Complementary and alternative modalities to relieve
osteoarthritis symptoms. *American Journal of Nursing, State of the Science:
Prevention and Management of Osteoarthritis*, 112(3 Suppl.), S44-S51.
[Data review; IF 1.171;]

- Fouladbakhsh, J. M.** (2012). State of the science: Prevention and management of osteoarthritis. Complementary and alternative modalities to relieve osteoarthritis symptoms *Orthopaedic Nursing*.
[Data review; IF 0.652]
- Fouladbakhsh, J. M., Vallerand, A. H., & Jenuwine, L.** (2012). Self-treatment of pain among adolescents in an urban community. *Pain Management Nursing*, 13(2), 80-93.
[Data-based; IF 1.145]
- Fouladbakhsh, J. M., Vallerand, A. H., & Jenuwine, L.** (2012). Self-treatment of pain among adolescents in an urban community. Feature article: *MEDSCAPE NURSING*, www.medscape.com/viewarticle/764840_14, June 2012.
- Fouladbakhsh, J. M.** (2011). Yoga & Cancer. *ONCOLOGY Nurse Edition*, 25(2), 40-45. [Data-review; IF not available]
- Fouladbakhsh, J. M., Szczesny, S., Jenuwine, L., & Vallerand, A. H.** (2011). Nondrug therapies for pain management among rural older adults. *Pain Management Nursing*, 12(2), 70-81.
[Data-based; IF 1.145]
- Fouladbakhsh, J. M., Szczesny, S., Jenuwine, L., & Vallerand, A. H.** (2011). Nondrug therapies for pain management among rural older adults. Feature article: *MEDSCAPE NURSING*, www.medscape.com/viewarticle/744174_5, July 2011.
- Buessing, A., Edelheuser, F., Weisskircher, A., **Fouladbakhsh, J. M.**, & Heuser, P. (2011). Inner correspondence and peacefulness with practices among participants in Eurythmy Therapy and Yoga. *Evidence-Based Complementary and Alternative Medicine*, Vol. 2011, Article ID 329023, doi:10.1155/2011/329023, 1-9.
[Data-based; IF 4.774]
- Fouladbakhsh, J. M., & Stommel, M.** (2010). Gender, symptom experience and use of CAM practices among cancer survivors in the U.S. cancer population. *Oncology Nursing Forum*, 37(1), E7-E15.
[Data-based; IF 2.509]
- Buessing, A., Fischer, J., **Fouladbakhsh, J. M.**, Ostermann, T., & Matthiessen, P. F. (2009). Perceived and expected effects of physical activity in female cancer survivors. *European Journal of Integrative Medicine*, 1(1), 9-17.
[Data-based; IF 1.0]
- Fouladbakhsh, J. M., & Stommel, M.** (2008). Comparative analysis of CAM use in the U.S. cancer and noncancer populations. *Journal of Complementary & Integrative Medicine*, 5(1), Article 19, 1-25.

[Data-based; H Index 5]

Fouladbakhsh, J. M., & Stommel, M. (2007). Using the Behavioral Model for complementary and alternative medicine: The CAM Healthcare Model. *Journal of Complementary & Integrative Medicine*, 4(1), Article 11, 1-21.
[Theory paper; H Index 5]

Fouladbakhsh, J. M., Stommel, M., Given, B., & Given, C. (2005). Predictors of use of complementary and alternative therapies by cancer patients. *Oncology Nursing Forum*, 32(6), 1115-1123.
[Data-based; IF 2.509]

Vallerand, A.H, **Fouladbakhsh, J. M., & Templin, T. (2005).** Patients' choices for the self-treatment of pain. *Applied Nursing Research*, 18(2), 90-96.
[Data-based; IF 1.386]

Riley-Doucet, C., **Fouladbakhsh, J. M., & Vallerand, A. H. (2004)** Canadian and American self-treatment of pain: a comparative study. *Journal of Rural & Remote Health*, 4(3), 286.
[Data-based; IF 1.0]

Vallerand, A.H., **Fouladbakhsh, J. M., & Templin, T. (2004).** Self-treatment of pain in a rural community. *Journal of Rural Health*, 20(2), 166-172.
[Data-based; IF 1.429]

Vallerand, A.H., **Fouladbakhsh, J. M., & Templin, T. (2003).** Use of complementary and alternative therapies in urban, suburban and rural communities. *American Journal of Public Health*, 93(6), 923-925.
[Data-based; IF 3.85]

C. Journal/Magazine Articles (non-refereed)

Fouladbakhsh, J. M. (2012). Essence of reflexology. Oncology Nursing Society, Complementary & Integrative Therapies Special Interest Group, Spring Newsletter.

Fouladbakhsh, J. M., (2012). Research on yoga for lung cancer patients. American Holistic Nurses Association, Spring e-NEWS, Feature article.

Fouladbakhsh, J. M. (2011).The best of everything: Conventional cancer care, CAM and holistic nursing. Metro Detroit Oncology Nursing Society (MDONS), Spring Newsletter.

Fouladbakhsh, J. M. (Contributor).Integrative medicine: Combining conventional with complementary to improve patient care [panel author]. (2010, November). *ONS Connect: The Official News Magazine of the Oncology Nursing Society*.

Fouladbakhsh, J. M. (Contributor). Adult cancer survivorship [panel author]. (2009, June). *ONS Connect: The Official News Magazine of the Oncology Nursing Society*.

Fouladbakhsh, J. M. (Contributor). Exploring an unfamiliar world: Advice for novices delving into the research arena [panel author]. (2007, December). *ONS Connect: The Official News Magazine of the Oncology Nursing Society*.

D. Papers/Abstracts Published in Conference Proceedings (Refereed)

Fouladbakhsh, J.M. (2013). *Patterns, Perceptions & Expectations of Exercise & CAM Movement Practices among Cancer Survivors*. 10th International Conference of the Society for Integrative Oncology, Vancouver, British Columbia, Canada.

Fouladbakhsh, J. M. (2011). *Effects of a viniyoga intervention on mood and salivary cortisol levels of patients with non-small cell lung cancer*. Poster presented at 2nd International Symposium of Yoga Research, Kripalu Center, Stockbridge, MA. **[Data-based]**

Fouladbakhsh, J. M. (2010). *Comparative analysis of CAM use among the U.S. cancer and noncancer populations*. Paper presented at the 5th International Congress on Complementary Medicine Research, Trumso, Norway. **[Data-based]**

Fouladbakhsh, J. M., & Stommel, M. (2009). *Gender, symptom experience and CAM practice use among cancer survivors*. Paper presented at the 10th National Conference on Cancer Nursing Research, Orlando, FL. **[Data-based]**

Fouladbakhsh, J. M., & Stommel, M. (2008). *Comparative analysis of CAM use in the U.S. cancer & noncancer populations*. Paper presented at the 1st European Congress on Integrative Medicine, Berlin, Germany. **[Data-based]**

Fouladbakhsh, J. M. (2007). *Patterns and predictors of complementary and alternative therapy use in a cancer population: A secondary analysis of the 2002 National Health Interview Survey*. Poster presented at the International Congress on Complementary Medicine Research, Munich, Germany. **[Data-based]**

Fouladbakhsh, J. M. (2007). *Patterns and predictors of complementary and alternative therapy use in a cancer population: A secondary analysis of the 2002 National Health Interview Survey*. Paper presented at the 32nd Oncology Nursing Society Congress, Las Vegas, NV. **[Data-based]**

Fouladbakhsh, J. M. (2005). *Predictors of use of complementary and alternative therapies among patients with cancer*. Paper presented at the 12th Annual Symposium of Complementary & Alternative Medicine Research, University of Exeter & Peninsula College of Medicine, Exeter, England. **[Data-based]**

E. Presentations (Refereed or Judged)

1. International Competition

Fouladbakhsh, J. M., Kowalewski, K. & Yarandi, H. (2013). *Patterns, perceptions & expectations of exercise & CAM movement practices among cancer survivors.* Research paper presented at the 10th International Conference of the Society for Integrative Oncology, Vancouver, British Columbia, Canada.

Fouladbakhsh, J. M. & Wheatley, L. (2013). *Nutrition & Cancer: Beyond the Basics – Understanding Complementary Dietary Practices.* Oncology Nursing Society 38th Annual Congress. Washington, DC.

Kreitzer, M. J., Fouladbakhsh, J. M. & Koithan, M. (2012). *The nursing perspective on integrative healthcare.* International Congress for Educators of Complementary & Integrative Medicine. Washington, DC.

Zick, S., Kelly, K., Mao, J., & Fouladbakhsh, J. M. (2012). *Conducting research on integrative cancer symptomology: focus on research challenges, successes and resources in clinical research.* Symposium accepted for presentation at the 9th International Society for Integrative Oncology Conference, Albuquerque, NM.
[Data-based]

Zick, S., Kelly, K., Mao, J., Fouladbakhsh, J. M., Pruthi, S., & Ben-Arye, E. (2012). *Research Symposium on integrative cancer symptomology: Challenges, successes and resources in clinical research: Part II.* Paper presented at the International Research Congress on Integrative Medicine and Health, Portland, OR, USA.[Data-based]

Balneaves, L., Fouladbakhsh, J. M., & Truant, T. (2011). *Talking about complementary medicine (CAM) in cancer care: A North American agenda.* Paper presented at the Canadian Association of Nurses in Oncology Annual Conference, Halifax, Nova Scotia, Canada.

Traunt, T., Balneaves, L, Fouladbakhsh, J. M. (2011). *Exploring complementary medicine to promote health, wellness and self-care for oncology nurses.* Paper presented at the Canadian Association of Nurses in Oncology Annual Conference, Halifax, Nova Scotia, Canada.

Fouladbakhsh, J. M. (2011). *Effects of a viniyoga intervention on mood and salivary cortisol levels of patients with non-small cell lung cancer.* Poster presented at the 8th International Conference of the Society of Integrative Oncology, Cleveland, OH.
[Data-based]

Fouladbakhsh, J. M. (2010). *Use of complementary & alternative medicine (CAM) providers, practices & products among U.S. cancer survivors.* Paper presented at the

5th International Conference on Complementary Medicine Research, Trumso, Norway.

[Data-based]

Fouladbakhsh, J. M. (2010). *Development of a viniyoga protocol for lung cancer patients.* Poster presented at International Congress of Complementary Medicine Research, Trumso, Norway.

Fouladbakhsh, J. M., Szczesny, S., Kowalewski, K., Blair, D et al. (2010). *A pilot study of gentle yoga for non-small cell lung cancer patients.* Poster presented at 1st International Symposium of Yoga Research, Himalayan Institute, Honesdale, PA.

[Data-based]

Fouladbakhsh, J. M. (2008). *Comparative analysis of complementary and alternative (CAM) use in the U.S. cancer and noncancer populations.* Paper presented at the 1st European Congress on Integrative Medicine, Berlin, Germany. **[Data-based]**

Fouladbakhsh, J. M. (2007). *Patterns and predictors of complementary and alternative therapy use in a cancer population: A secondary analysis of the 2002 National Health Interview Survey.* Paper presented at the International Congress on Complementary Medicine Research, Munich, Germany. **[Data-based]**

Fouladbakhsh, J. M., & Stommel, M. (2007). *Patterns, predictors & purpose of complementary and alternative therapy use in the U. S. cancer population.* Poster presented at the 2nd International Conference on Integrative Medicine, Munich, Germany. **[Data-based]**

Fouladbakhsh, J. M., Stommel, M., Given, B. A., & Given, C. (2005). *Predictors of use of complementary and alternative therapies among cancer patients.* Paper presented at the 12th Annual Symposium of Complementary & Alternative Medicine Research, University of Exeter & Peninsula College of Medicine, Exeter, England. **[Data-based]**

2. National Competition

Fouladbakhsh, J.M. & Balneaves, L. (2014). *Integrative Oncology: Understanding the Practice and the Evidence.* JADPRO Live. St. Petersburg, FL. Invited.

Fouladbakhsh, J. M. & Stanley, C. (2013). *Complementary therapies to assist with pain Management for children & adults.* 23rd Annual Conference of American Society for Pain Management Nursing, Indianapolis, IN.

Fouladbakhsh, J. M. (2013). *Complementary and Alternative Medicine: Effects on Mental and Physical Health.* Issues in Aging Conference. Dearborn, MI.

- Fouladbakhsh, J. M. & Wheatley, L. (2013).** *Beyond the Basics: Nutrition Intervention and Supplementation in Cancer Care.* Paper presented at the 37th Oncology Nursing Society Congress, Washington, DC.
- Fouladbakhsh, J. M., & Lengacher, C. (2012).** *Stress reducing complementary therapies for nurses and their patients.* Paper presented at the 37th Oncology Nursing Society Congress, New Orleans, LA.
- Fouladbakhsh, J. M., Balneaves, L., & Truant, T. (2012)** *Assessment, evaluation and outcomes of CAM use among oncology patients and survivors.* Paper presented at the 37th Oncology Nursing Society Congress, New Orleans, LA.
- Fouladbakhsh, J. M., Davis, J. A., & Yarandi, H. (2012).** *Effects of a standardized yoga intervention on mood and salivary cortisol levels of stage I-IIIa non-small cell lung (NSCL) cancer patients.* Paper presented at the 2012 Annual Midwest Nursing Research Conference, Dearborn, MI. **[Data-based]**
- Fouladbakhsh, J. M., Paul, D., & Lengacher, C. (2011).** *Understanding complementary and alternative medicine (CAM) within a transcultural nursing framework.* Paper presented at the 36th ONS Congress, Boston, MA.
- Balneaves, L., **Fouladbakhsh, J. M.,** Truant, T., & Decker, G. (2011). *Complementary and alternative medicine (CAM) and cancer: Getting the evidence into oncology nursing practice.* Paper presented at the 36th ONS Congress, Boston, MA.
- Fouladbakhsh, J. M. (2011).** *Yoga for non-small cell lung cancer patients.* Poster presented at the 1st Great Lakes Integrative Medicine & Health Research Conference, Ann Arbor, MI. **[Data-based]**
- Fouladbakhsh, J. M. (2010).** *CAM, cancer survivors & nursing.* Poster presented at the Council for the Advancement of Nursing Science, State of the Science Congress on Nursing Research, Washington, DC.
- Fouladbakhsh, J. M. , Szczesny, S., Kowalewski, K., Blair, D et al. (2010).** *A pilot study of gentle yoga for lung cancer patients.* Paper presented at the 7th International Conference of the Society for Integrative Medicine, New York Academy of Medicine, New York City, NY. **[Data-based]**
- Fouladbakhsh, J. M. (2010).** *Development of a viniyoga protocol for lung cancer patients.* Poster presented at 7th International Conference of the Society for Integrative Oncology, New York Academy of Medicine, New York City, NY.
- Fouladbakhsh, J. M. (2010).** *A standardized yoga intervention for lung cancer patients.* Poster presented at 1st International Symposium of Yoga Research, Himalayan Institute, Honesdale, PA.

- Fouladbakhsh, J. M. (2010).** *Using complementary therapies for cancer care.* Paper presented at the Oncology Nursing Society 35th Congress, San Diego, CA.
- Fouladbakhsh, J. M. (2009).** *Gender, symptom experience and CAM practice among survivors in the U.S. cancer population.* Paper presented at the 10th National Conference on Cancer Nursing Research, Orlando, FL. **[Data-based]**
- Fouladbakhsh, J. M. (2009).** *Comparative analysis of CAM use in the U.S. cancer and noncancer populations.* Poster presented at North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN. **[Data-based]**
- Fouladbakhsh, J. M. (2009).** *Gender, symptom experience and CAM practice among survivors in the U.S. cancer population.* Paper presented at the Oncology Nursing Society 34th Congress, San Antonio, TX. **[Data-based]**
- Fouladbakhsh, J. M. (2007).** *Patterns and predictors of complementary and alternative therapy use in a cancer population: A secondary analysis of the 2002 National Health Interview Survey.* Paper presented at the 32nd Oncology Nursing Society Congress, Las Vegas, NV. **[Data-based]**
- Fouladbakhsh, J. M., & Stommel, M. (2007).** *Patterns, predictors & purpose of complementary and alternative therapy use in the U. S. cancer population.* Poster presented at CAM Researchers and Practitioners Symposium, National Cancer Institute, Washington, DC. **[Data-based]**
- Fouladbakhsh, J. M., & Stommel, M. (2007).** *Patterns, predictors & purpose of complementary and alternative therapy use in the U. S. cancer population.* Poster presented at American Public Health Association Conference, Washington, DC. **[Data-based]**
- Fouladbakhsh, J. M., Berney, S., & Peters, R. (2005).** *Pain management outcomes of healing touch interventions.* Poster presented at the Healing Touch International Conference, Breckenridge, CO. **[Data-based]**
- Fouladbakhsh, J. M., Berney, S., & Peters, R. (2005).** *Pain management outcomes of healing touch interventions.* Poster presented at Midwest Nursing Research Society, Cincinnati, OH. **[Data-based]**
- Fouladbakhsh, J. M. (2005).** *Nondrug approaches for pain management.* Video-broadcast Presentation for Kaiser Permanente Department of Continuing Education, California.
- Fouladbakhsh, J. M., Stommel, M., Given, B. A., & Given, C. (2005).** *Predictors of use of complementary and alternative therapies among cancer patients.* Paper presented at 6th Oncology Nursing Society Research Conference, Orlando, FL. **[Data-based]**

- Fouladbakhsh, J. M.** (2005). *Complementary therapies: Tools to guide and assess use in clinical practice*. Paper presented at the American Society of Pain Management in Nurses Conference, Albuquerque, NM.
- Fouladbakhsh, J. M.** (2004). *Complementary and alternative approaches for pain management: Focus on herbal therapy*. Paper presented at the American Society of Pain Management Nurses Conference, Myrtle Beach, SC.
- Fouladbakhsh, J. M.** (2004). *Self-treatment of pain by adolescents*. Paper presented at the American Society of Pain Management Nurses Conference, Myrtle Beach, SC. **[Data-based]**
- Fouladbakhsh, J.** (2003). *Complementary and alternative approaches to pain management*. Paper presented at the American Society of Pain Management Nurses Conference, Kansas City, MO.
- Fouladbakhsh, J.** (2003). *Herbal therapies*. Paper presented at the American Society of Pain Management Nurses Conference, Kansas City, MO.
- Fouladbakhsh, J., Wu, W., & Danqua-Ellis, L.** (2002). *Health in the new millennium: A health fair for women of all ages*. Poster presented at the Midwest MLA Annual Conference, Minneapolis, MN.
- Fouladbakhsh, J.** (2002). *Herbal therapies: Impact on pain management*. Paper presented at the American Society of Pain Management Nurses Conference, Salt Lake City, UT.
- Fouladbakhsh, J.** (2002). *Nondrug treatment of pain in the community: A pilot study*. Paper presented at the American Society of Pain Management Nurses Conference, Salt Lake City, UT. **[Data-based]**
- Fouladbakhsh, J. M., & Vallerand, A. H.** (2002). *Nondrug interventions for the self-treatment of pain*. Poster presented at American Holistic Nurses Association Conference, Nashville, TN. **[Data-based]**
- Fouladbakhsh, J. M., & Vallerand, A. H.** (2002). *Use of complementary and alternative therapies for the self-treatment of pain*. Poster presented at American Holistic Nurses Association Conference, Nashville, TN.
- Vallerand, A.H., & **Fouladbakhsh, J. M.** (2002). *A comparative study of the self-treatment of pain in urban, suburban and rural communities*. Poster presented at the Midwest Nursing Research Society Conference, Philadelphia, PA. **[Data-based]**

Vallerand, A.H., **Fouladbakhsh, J. M.**, & Riley-Doucet, C. (2002). *Self-treatment of pain: A Canadian cohort*. Poster presented at the Midwest Nursing Research Society Conference, Philadelphia, PA. **[Data-based]**

Vallerand, A.H., **Fouladbakhsh, J. M.**, & Riley-Doucet, C. (2002). *Self-treatment of pain: A Canadian cohort*. Poster presented at American Society of Pain Management Nurses Conference, Salt Lake City, UT. **[Data-based]**

Fouladbakhsh, J. M., & Vallerand, A.H. (2001). *Self-treatment of pain in a rural community*. Poster presented at the Midwest Nursing Research Society Conference, Indianapolis, IN. **[Data-based]**

Fouladbakhsh, J. (2001). *Self-treatment of pain in a rural community*. Paper presented at the American Society of Pain Management Nurses Conference, Houston, TX. **[Data-based]**

Fouladbakhsh, J. M. (2000) *Sexual assault nurse examiner program SANE: Turning Point*. Poster presented at the American Public Health Association Conference, Boston, Mass.

3. Local (Invited or Refereed)

Fouladbakhsh, J. M. (2012). *The importance of yoga*. Paper presented at Wayne State University, Commission on the Status of Women Health Science Committee Wellness Program, Detroit, MI. Invited.

Fouladbakhsh, J. M. (2012). *Complementary therapies for holistic healthcare: Knowledge, research & practice*. Guest lecture: Wayne State University Adult and Gerontological Primary Care Nurse Practitioner Program, Detroit, MI. Invited.

Fouladbakhsh, J. M. (2012). *Complementary therapies: Holistic healthcare for infants, children and adolescents*. Guest lecture: Wayne State University Pediatric Nurse Practitioner Program, Detroit, MI. Invited.

Fouladbakhsh, J. M. (2011). *Complementary therapies for pain management*. Karmanos Cancer Institute, Detroit, MI. Invited.

Fouladbakhsh, J.M., Sharma, V., Flynn, T., & Kraftsow, G. (2011). *Development and implementation of a viniyoga protocol for non-small cell lung cancer patients*. Poster presented at Wayne State University, College of Nursing Research Symposium, Detroit, MI. **[Data-based]**

Fouladbakhsh, J.M., Szczesny, S., Kowalewski, K. & Blair, D. (2010). *A pilot study of gentle yoga for lung cancer patients*. Poster presented at Wayne State University, College of Nursing Research Symposium, Detroit, MI. **[Data-based]**

- Fouladbaksh, J. M. (2010).** *Complementary therapies for pain management.* Paper presented at the Wayne State University Institute of Gerontology Conference, Clinton Township, MI. Invited.
- Fouladbaksh, J.M. (2010).** *Holistic therapies for health & wellness: Exercise, yoga & more.* Paper presented at the Scheurer Healthcare System, Pigeon, MI. Invited.
- Fouladbaksh, J.M. (2010).** *Complementary therapies for mental health & wellness.* Paper presented at the Wayne State University College of Nursing, Mental Health Nurse Practitioner Program & Public Health Graduate Program, Detroit, MI. Invited.
- Fouladbaksh, J. M. (2009).** *Holistic therapies for health and wellness.* Paper presented at the Wayne State University, Institute of Gerontology, Art of Aging Successfully Annual Conference, Detroit, MI. Invited.
- Fouladbaksh, J. M., & Stommel, M. (2009).** *Gender, symptom experience and CAM practice use among cancer survivors in the U.S. cancer population.* Poster presented at Wayne State University College of Nursing Research Day, Detroit, MI. **[Data-based]**
- Fouladbaksh, J. M. (2008).** *CAM therapies for symptom management in multiple sclerosis.* Paper presented at the Scheurer Healthcare System, Pigeon, MI. Invited.
- Fouladbaksh, J. M. (2008).** *CAM therapies for symptom management among cancer survivors.* Paper presented at the Scheurer Healthcare System, Pigeon, MI. Invited.
- Fouladbaksh, J. M. (2008).** *Complementary & alternative approaches for pain management.* Paper presented at the Wayne State University, College of Nursing, Nurse Practitioner-Clinical Preceptor Recognition Program, Detroit, MI. Invited.
- Fouladbaksh, J. M. (2008).** *Complementary & alternative approaches in nursing.* Paper presented at the Wayne State University, College of Nursing, Adult Nurse Practitioner Program, Detroit, MI. Invited.
- Fouladbaksh, J. M. (2007).** *Complementary & alternative approaches in nursing.* Paper presented at the Wayne State University, College of Nursing, Adult Nurse Practitioner Program, Detroit, MI. Invited.
- Fouladbaksh, J. M., & Stommel, M. (2007).** *Patterns and predictors of complementary and alternative therapy use in a cancer population: A secondary analysis of the 2002 National Health Interview Survey.* Poster presented at Wayne State University, College of Nursing Annual Research Day, Detroit, MI. Invited. **[Data-based]**

- Fouladbakhsh, J. M. (2006).** *Complementary & alternative approaches in healthcare.* Paper presented at the 4th Annual Pain Awareness Symposium, Detroit Medical Center, Detroit, MI. Invited.
- Fouladbakhsh, J. M. (2006).** *The healing effects of humor.* Paper presented at the Beaumont Healthcare System Woman to Woman Conference, Rochester Hills, MI.
- Fouladbakhsh, J. M. (2006).** *The healing effects of humor.* Paper presented at the Beaumont Healthcare System, Women's Cardiac Support Group, Royal Oak, MI.
- Fouladbakhsh, J. M. (2006).** *Complementary & alternative approaches in healthcare.* Paper presented at the Scheuerer Health System, Pigeon, MI. Invited.
- Fouladbakhsh, J. M. (2006).** *Complementary & alternative approaches in healthcare.* Paper presented at the Cancer Survivor Group, Scheuerer Hospital, Pigeon, MI.
- Fouladbakhsh, J. M. (2006).** *COSW survey of women's health needs.* Paper presented at the Wayne State University, President's Commission on the Status of Women, Detroit, MI. Invited.
- Fouladbakhsh, J. M. (2006).** *Complementary & alternative approaches in nursing.* Paper presented at Wayne State University College of Nursing, Adult Nurse Practitioner Program, Detroit, MI. Invited.
- Fouladbakhsh, J. M. (2006).** *Healing touch interventions for pain management.* Paper presented at the New Beginnings in End of Life Care Symposium, Integrating Complementary & Alternative Medicine, Plymouth, MI. **[Data-based]**
- Fouladbakhsh, J. M. (2005).** *Pain management outcomes of healing touch interventions.* Paper presented at the Sigma Theta Tau Conf.-Medical College of Ohio, Sylvania, OH. Invited. **[Data-based]**
- Fouladbakhsh, J. M. (2005).** *Complementary and alternative approaches for pain management.* Paper presented at the Iowa Healthcare System, Finley Hospital, Dubuque, IA. Invited.
- Fouladbakhsh, J. M. (2005).** *Holistic nursing.* Paper presented at the Wayne State University College of Nursing Adult Nurse Practitioner Program, Detroit, MI.
- Fouladbakhsh, J. M. (2005).** *Complementary & alternative approaches in healthcare.* Paper presented at the Wayne State University College of Pharmacy & Health Sciences, Detroit, MI. Invited.
- Fouladbakhsh, J. (2004).** *Complementary and integrative therapies and nursing care.* Paper presented at Beaumont Hospital, Troy, MI. Invited.

Fouladbakhsh, J. (2004). *Complementary and alternative therapies in healthcare*. Paper presented at the Prince of Peace Church symposium, West Bloomfield, MI.

Fouladbakhsh, J. (2003). *Complementary and alternative approaches for holistic nursing*. Paper presented at the Calvin College, Department of Nursing Annual Conference, Grand Rapids, MI. Invited.

Fouladbakhsh, J. (2003). *Complementary and alternative approaches for holistic nursing*. Paper presented at the Sigma Theta Tau Conference, Grand Valley State University, Grand Rapids, MI. Invited.

Fouladbakhsh, J. (2003) *Nondrug treatment of pain in the community: A pilot study*. Paper presented at the Midwest Nursing Research Society, Grand Rapids, MI. **[Data-based]**

Fouladbakhsh, J. M., Berney, S., & Peters, R. (2005). *Pain management outcomes of healing touch interventions*. Poster presented at Wayne State University, College of Nursing Research Day, Detroit, MI. **[Data-based]**

Vallerand, A.H., **Fouladbakhsh, J. M., & Riley-Doucet, C.** (2002). *Self-treatment of pain: A Canadian cohort*. Poster presented at Research Symposium, Wayne State University College of Nursing. Detroit, MI **[Data-based]**

Fouladbakhsh, J. M., & Vallerand, A.H. (2001). *Self-treatment of pain in a rural community*. Poster presented at Sigma Theta Tau International Nursing Honorary Society Research Symposium, Wayne State University College of Nursing, Detroit MI. **[Data-based]**

Fouladbakhsh, J. M. (2000). *Student clinical experiences in the Turning Point SANE (Sexual Assault Nurse Examiner) program*. Poster presented at the Michigan Public Health Association 79th Annual Conference, Lansing, MI.

Fouladbakhsh, J. (2002). *Nondrug treatment of pain in the community: A pilot study*. Paper presented at the 14th Annual Current and Future Concepts in Women's Health Conference, Sparrow Health System, Lansing, MI. **[Data-based]**

Fouladbakhsh, J. (2002). *Safe use of herbal therapies*. Paper presented at the State of Michigan, Family Independence Agency, Detroit, MI. Invited.

Fouladbakhsh, J. (2002). *Holistic nursing*. Paper presented at Wayne State University College of Nursing, Adult Nurse Practitioner Program, Detroit, MI. Invited.

Fouladbakhsh, J. (2002). *Complementary and alternative therapies: An introduction*. Paper presented at Wayne State University College of Nursing, Adult Nurse Practitioner Program, Detroit, MI. Invited.

Fouladbakhsh, J. (2001). *Self-treatment of pain in a rural community.* Paper presented at the Educational Trends in Occupational Studies Conference, Traverse City, MI.
[Data-based]

Fouladbakhsh, J. (2001). *2001: Women's health in the new millennium.* Paper presented at the COSW Health Science Committee, Wayne State University, Detroit, MI.

Fouladbakhsh, J. (2000). *Healthy women 2000: Health care information for all ages.* Paper presented to the COSW Health Science Committee, Wayne State University, Detroit, MI. Invited.

Fouladbakhsh, J. (1998). *Nursing opportunities in community health practice.* Paper presented at the Macomb County Commission Career Opportunities Conference, Warren, MI. Invited.

Fouladbakhsh, J. (1998). *Research opportunities in home health care.* Paper presented at the Home Health Outreach Professional Advisory Session, Rochester Hills, MI

F. Webinars & Videoconferences

Fouladbakhsh, J. M. (2013). *Complementary therapies in oncology.* TheOnc. Norwalk, Conn.

Fouladbakhsh, J. M. (2008). *Complementary therapies for pain & symptom management.* Nationally/Internationally Broadcast Webinar Presentation for the American Pain Foundation, Department of Veterans Affairs, Washington, DC.

Fouladbakhsh, J. M. (2007). *Complementary therapies for chronic pain.* National Online Program for the American Pain Foundation, Department of Veteran Affairs, Washington, DC.

Fouladbakhsh, J. M., & Lombardo, R. (2006). *A visual image of energy healing: Research on pain management.* Healing Touch Research Video Development Project (DVD), Michigan.

Fouladbakhsh, J. M., & Levin, J. (2006). *Treatment options: A guide for people living with pain.* Publication of the American Pain Foundation, Washington, DC.

Fouladbakhsh, J. M. (2006). *Complementary and alternative therapies, Continuing Education Module.* Elsevier Electronic Continuing Education Project for Professional Nurses.

Fouladbakhsh, J. M. (2005) *Nondrug approaches for pain management.* Kaiser-Permanente Video Broadcast Presentation. Live broadcast from Wayne State University to nurse practitioners throughout the Kaiser healthcare system.

G. Instructional Materials Formally Published

1. Study Guides/Laboratory Workbooks

Fouladbakhsh, J. M. (2007). *Complementary therapy information guides, Elsevier Electronic Continuing Education Module.* Elsevier Publishers, Online Professional Continuing Education Project.

2. Other Published Instructional Materials

Fouladbakhsh, J. M. (2009). Community Health Clinical Evaluation. In M. Oermann (Ed.), *Evaluation & Testing in Nursing Education* (pp. 275-277). 3rd ed. New York: Springer Publishing.

Fouladbakhsh, J. M., & Levin, J. (2006). Complementary and alternative medicine. In *Treatment options: A guide for people living with pain.* Baltimore, MD: American Pain Foundation.

Fouladbakhsh, J. M. (2007). *Elsevier Nursing Continuing Education Course: Complementary & Alternative Therapies Module.*

Fouladbakhsh, J. M. (2006). *A visual image of energy healing: Research on pain management.* DVD production & development.

Fouladbakhsh, J. M. (2004). The healing effects of music. *Partners in Nursing Excellence.* Beaumont Healthcare System.

Fouladbakhsh, J. M. (2004). The healing effects of humor. *Partners in Nursing Excellence.* Beaumont Healthcare System.

Brzykcy-Fouladbakhsh, J. M. (1985) *Guidelines for the use of clinical facilities.* N.Y.S.N.A. New York State Nurses Association Publication.

IV. CLINICAL PRACTICE

A. Clinical Practice Focus Areas (Urban, Suburban, and Rural Areas)

Clinical practice includes an integrated focus on Public/Community Health and Holistic/Integrative Nursing for diverse vulnerable populations. These populations include community-dwelling cancer survivors, individuals with chronic pain, school age children and adolescents, and homeless/low-income families.

Holistic/Integrative Nursing philosophy has been the foundation for clinical practice and incorporates use of evidence-based Complementary and Alternative Medicine (CAM)

therapies, as supported by board certifications in Advanced Practice Holistic Nursing, Healing Touch, Reiki (Level II) and Reflexology.

B. Clinical Practice Activities (Summary – more available upon request)

<u>Practice Activities</u>	<u>Community Sites/Populations</u>
<p>Extensive integrative/holistic community health clinical practice with undergraduate students.</p> <p>Holistic health assessments for the homeless; development of physical and mental health assessment guidelines and standardized forms.</p> <p>Integration of holistic philosophy & evidence-based CAM in nursing care</p> <p>Establishment of community-based clinical partnerships</p>	<p>Homeless shelters School-age children Cancer support community centers</p> <p>Welcome Inn Shelter South Oakland Shelter (Royal Oak, MI)</p> <p>Senior centers Cancer patients, families & caregivers Homeless shelters Beaumont Health System Community schools</p>
<p>Volunteer Nurse Corp Program Director Holistic Healthcare for the Homeless</p>	<p>Welcome Inn Homeless Program</p>
<p>Development of complementary therapy assessment and use; intervention tools for holistic clinical practice</p>	<p>Cancer survivors & caregivers Homeless population</p>
<p>Provision of holistic therapies/integrative nursing care that includes:</p> <ul style="list-style-type: none"> • Yoga • Healing Touch & Reiki • Reflexology • CAM assessments • CAM education & decision-making 	<p>Cancer community Homeless population at shelters Professional caregivers (Nurses, etc.) Elderly (senior centers)</p> <p><u>Sites</u> Gilda’s Club, Royal Oak, MI Welcome Inn Homeless Shelter Royal Oak, MI South Oakland Shelter, Royal Oak, MI Oakwood Community Center Caseville, MI Older Person’s Center Rochester Hills, MI Beaumont Healthcare System Royal Oak, MI ONS Congress, OASIS</p>

Health assessments & screening CAM community education	Health fairs: university & community
---	--------------------------------------

V. SERVICE

A. Committee Assignments (last five years):

1. University Committee Membership:

2009 – 2013	Wayne State University Academic Senate
2010 – 2013	Wayne State University Student Affairs Committee
2002 – 2005	<u>Chair</u> . Commission on the Status of Women, WSU Health Fair
1999 – 2006	<u>Chair</u> . Commission on the Status of Women, Health Science Committee

2. College/Department Committee Membership (last five years):

2010 – present	<u>Graduate Program Director</u> . Complementary Therapies in Healthcare Graduate Certificate Program
2010 – 2012	<u>Chair</u> . Curriculum Committee
2009 – 2010	<u>Acting Director</u> . Advanced Practice in Public Health Nursing Graduate Program
2008 – 2010	<u>Chair</u> . Curriculum Committee
2006 – 2008	Evaluation Committee

B. Positions Held in Professional Associations (last five years):

2013 – 2016	<u>Board of Directors</u> . International Society for Complementary Medicine Research
2013 – present	<u>Board Member</u> , Center for Reiki Research, International Center for Reiki Training
2013 – 2016	<u>Candidate</u> , Board of Directors, Oncology Nursing Society
2012 – 2015	<u>President</u> , Michigan State University, College of Nursing Alumni Association Board of Directors

2013 – present	<u>Coordinator</u> , Special Projects, Oncology Nursing Society, Complementary & Integrative Therapies Special Interest Group
2012 – 2013	<u>Coordinator Ex-Officio</u> . Oncology Nursing Society, Complementary & Integrative Therapies Special Interest Group
2010 – 2015	<u>Board of Directors</u> . International Society for Complementary Medicine Research
2010 – 2012	<u>Coordinator</u> . Oncology Nursing Society, Complementary and Integrative Therapies Special Interest Group
2009 – 2012	<u>State Champion</u> . Michigan State University, College of Nursing Alumni Association Board of Directors, SE Michigan Champion
2009 – 2010	<u>Coordinator-elect</u> . Oncology Nursing Society, Complementary and Integrative Therapies Special Interest Group

C. Memberships/Offices in Public/Private Agencies Related to Discipline (last five years)

1990 – present	<u>Member</u> . Professional Advisory Committee: Home Health Outreach/Crittenton Home Health Care, Rochester Hills, MI.
2004 – 2006	<u>Member</u> . Beaumont Hospital Integrative Medicine/Oncology; Professional Advisory Board, Royal Oak, MI.
1995 – 2007	<u>Member</u> . Board of Directors, Michigan Public Health Association.
2000 – 2007	<u>Chair</u> . Reproductive Health Section, Michigan Public Health Association.

D. Journal/Editorial Activity:

Editorial Review Board Member (National & International)

2012 – present	Clinical Nursing Studies (international)
2011 – present	The Scientific World Journal (international)
2010 – present	Pain Management Nursing

2006 –2013 Cancer Nursing (international)

Manuscript Reviewer

2012 – present Journal of Supportive Oncology

2010 – present Evidence-based Complementary & Alternative Medicine

2010 – present Integrative Cancer Therapies

2010 – present Journal of Yoga & Physical Therapy

2009 – present European Journal of Integrative Medicine

2007 – present Journal of PeriAnesthesia Nursing

E. Grant & Other Reviews

2014 External Examiner, Master of Science Complementary and Alternative Medicine Program, University of Technology, Jamaica (Invited)

2008 U. S. Defense Center of Excellence, Scientific Review Panel: Complementary Therapies for Traumatic Brain Injury and Post Traumatic Stress Disorder

2007 Field Reviewer, Oncology Nursing Society, Putting Evidence into Practice (PEP)