

## Curriculum Vitae

### ANNE VITALE, PhD, APN, AHN- BC

#### PROFESSIONAL EDUCATION

2008	PhD	College of Nursing, Villanova University Villanova, PA Focus: Nursing Education
2006		Thomas Edison State College Trenton, NJ Post graduate certificate in Distance Education
1996	MSN	The College of New Jersey Ewing, NJ Family Clinical Nurse Specialist- Older adult
1996		Post graduate certificate in Nursing Management
1976	BSN	Fairleigh Dickinson University Rutherford, NJ

#### PROFESSIONAL LICENSES/CERTIFICATES

2009	Advanced holistic nurse certification (AHNCC)
2008	Ecollege- Advanced Training certification
2008	Registered Nurse- Florida- License # RN 9280883
2005	Registered Nurse - Pennsylvania- License # RN579484
2004	Reiki-Master level certification
2001	Fundamentals of Clinical Research- Medical Research Management
2001	Human Subjects Protection Program Certification (Fox Chase Cancer Center)
1997	Home Health Clinical Nurse Specialist- New Jersey (Advanced Practice) – License # NC 61314

1997                      AANC Home Health Clinical Nurse Specialist  
 1976                      Registered Nurse – New Jersey – License # NO61314

## **ACADEMIC EXPERIENCE**

### ***Florida Atlantic University, College of Nursing, Boca Raton, Florida***

2008-                      Visiting Assistant Professor  
 2006-2008              Faculty adjunct

### ***Thomas Edison State College, Trenton, NJ***

2005-2008              Online faculty mentor

### ***Seton Hall University, South Orange, NJ***

2004-2005              Instructor  
 2001-2004              Faculty adjunct

### ***Bloomfield College, Bloomfield, NJ***

2002-2003              Faculty adjunct

### ***Ocean County College, Toms River, NJ***

2000-2002              Faculty adjunct

## **ACADEMIC TEACHING/INSTRUCTION EXPERIENCE**

Highly experienced in teaching baccalaureate nursing courses, including accelerated plus nursing as a second degree, RN to BSN and graduate coursework. Extensive online teaching and mentoring nursing coursework experience including curriculum development in Blackboard and ECollege course management systems:

### **Undergraduate nursing courses:**

- Nursing Research
- Group Dynamics
- Health Promotion Across the Lifespan- classroom and clinical
- Community Health Perspectives – classroom and clinical
- Gerontological Nursing
- Professional Role Development: Wellness in the Community
- Professional Role Development – Chronic Illness
- Community Health Nursing
- Dynamics of Aging
- Foundations of Aging
- Caring and Healing
- Nursing Situations: Individuals, Families and Communities

**Graduate nursing courses:**

Advanced Practice Leadership, Roles and Fiscal Management in Managed Care  
 Perspectives on Aging  
 Introduction to Health Care Systems ( with undergraduate students as a Special Topic course)

**Associate degree nursing courses:**

Med-Surg I- hospital clinical instruction, first-year AD student

**PROFESSIONAL CLINICAL EXPERIENCE**

- 2004-2006 Nursing Research Consultant, Community Medical Center, Toms River, NJ
- 2002-2004 Director-Institutional Review Board, Community Medical Center, Toms River, NJ
- 2001-2004 Director- Nursing Research, Community Medical Center, Toms River, NJ
- 1999-2001 Clinical Nurse Specialist (older adult), Community Medical Center Toms River, NJ
- 1997-1999 Nursing Quality Coordinator, Community Medical Center, Toms River, NJ
- 1979-1997 Public Health Nursing Supervisor/Administrator, Ocean County Health Dept., Toms River, NJ
- 1976-1979 Public Health Staff Nurse, Ocean County Health Dept., Toms River, NJ
- 1976-1976 Staff nurse, Barnert Hospital, Paterson, NJ

**HONORS AND AWARDS**

- 2008 International Association of Human Caring- Jean Watson Student Award- (doctoral research student award)
- 2008 Phi Kappa Phi Honor Society at Villanova University
- 2007 Sigma Theta Tau International Nursing Honor Society, Alpha Nu Chapter of Villanova University- Education Award- 2007
- 2005, 2006 & 2007 Independence Blue Cross of Philadelphia- Nurse Scholar Program scholarship recipient (doctoral education)
- 2005 New Jersey State Nurses' Association, Region 6 – Scholarship recipient (doctoral education)
- 2002 American Holistic Nursing Association – 2003 Research Grant recipient
- 2003 New Jersey Governor's Award, Nursing Research – second place up
- 2001 Nursing Excellence Award, Community Medical Center
- 1996 Certificate of Academic Commendation, Sigma Theta Tau International Nursing Honor Society (academic commendation)

- 2000 Communicator Video Award (National Video Award), Falls Prevention- Partners in Safety, 2000
- 2000 Telly Video Award (National Video Award) Restraint Reduction- Staff Education, 2000
- 1985 &  
1991 Leadership in Nursing Award, Ocean County Health Dept.  
1976 Magna Cum Laude graduate, Fairleigh Dickinson University

## RESEARCH EXPERIENCE

- 2008- Volunteer project facilitator and research consultant for the Center for Reiki Research.
- 2004–2005 -Nursing research consultant, Community Medical Center, Toms River, NJ & previous Director of Nursing Research at this institution

### Completed Research Projects Funded\*

Smith, M, Principle Investigator, **Vitale, A.T.** & Ouslander, J. Co-Investigator. *Touch Therapy for Insomnia in Nursing Home Residents*, Florida Atlantic University, Boca Raton, Florida\*, 2009

**Vitale, A.T.** , Principle Investigator, *Nurses' Lived Experience of Reiki for Self-Care*, Sigma Theta Tau International, Alpha Nu Chapter, Villanova University\*, (\$2000). 2008

**Vitale, A.T.** Principle Investigator & O'Connor, P., Co-Investigator. *Pain and Anxiety in Women Who Have Abdominal Hysterectomies: An Experimental Study*, American Holistic Nurses Association\*. (\$2000). 2001-2004

**Vitale, A. T.** Principle Investigator, Vitello, L., & O'Connor, P., Co-Investigators. *Nurses' Spiritual Well-Being and Perceptions of Spiritual Care for Patients*, Community Medical Center, Toms River, NJ\* (\$2000). 2004

**Vitale, A.T.** Principle Investigator, & O'Connor, P. Co-Investigator. 2001-2003- *The Effect of Nutrition and Exercise on Blood Pressure, Weight and Body Mass Index in Community-Based Older Women: A Pilot Study*, Community Medical Center Foundation, Toms River, NJ\* (\$1000). 2003.

Schneider, M., Principle Investigator, & **Vitale, A. T.** Co-Investigator. *The Use of a Senior Clinician to Improve Patient Care Outcomes, Nurse Satisfaction, and Critical Thinking*, Community Medical Center, Toms River, NJ. 2002

Becton Dickinson Pharmaceuticals, Principle Investigator, **Vitale, A. T.** , Co-Investigator. *1ml BD Integra Syringe Advanced Protection Device 510(k) Study*, Becton Dickinson Pharmaceuticals, NJ\* 2000-2001

**Vitale, A. T.** Principle Investigator. *An Inpatient Falls Prevention Pilot Program – An Evidenced-Based Approach*, Community Medical Center, Toms River, NJ\* (\$1000).1999-2001

Vitale, A. T. Principle Investigator. Psychosocial Needs of Female Family Caregivers, Delta Nu Chapter, The College of New Jersey, Ewing, NJ\* (\$500) 1994-1996

## **PUBLICATIONS**

### **Peer Reviewed Articles**

**Vitale, A.T.** (2009). Nurses' Lived Experience of Reiki for Self Care. *Holistic Nursing Practice*, 23(3), 129-145

**Vitale, A.T.** (2007). An integrative review of Reiki touch therapy research. *Holistic Nursing Practice*, 21(4), 167-179.

**Vitale, A.T.** & O'Connor, P.A (2006). The effect of Reiki on pain and anxiety in women with abdominal hysterectomies: A quasi-experimental pilot study *Holistic Nursing Practice* 20(6), 263-271

**Vitale, A.T.** (2006). The use of selected energy touch modalities as supportive nursing interventions: Are we there yet? *Holistic Nursing Practice*, 20(4), 191-196.

**Vitale, A.T.** & McMurray, S.A. (2006). Is nursing in a state of disconnect? *Advance for Nurses*, 8(1), 34-35.

**Vitale, A.T.** (2000, August 21). Falls prevention program keeps elderly feet on the ground. *Nursing Spectrum*, 22-24.

**Vitale, A.T.** & Filippone, C.A. (2000). Development of a nursing library resource center. *Nursing Spectrum*, 15-16.

### **Non-peer reviewed articles**

**Vitale, A.T.** (2003) Nursing research article critiques – Made easy! *New Jersey Nurse*, 2(1): 11-12.

**Vitale, A.T.** (2003). Treatment of pain in women who have elective abdominal hysterectomies. *Maine Nurse*, 5(1): 10-1.

**Vitale, A.T.** & O'Connor, P.C. (2002). The clinical nurse specialist as principle investigator: Pain in women with total abdominal hysterectomies: An experimental study. *New Jersey Nurse*, 3(1): 12-13.

**Vitale, A.** (2001). An evidenced-based approach towards restraint reduction initiatives at Community Medical Center. *Nursing Focus*, Saint Barnabas Health Care System Corporate Nursing Newsletter

## **Refereed Publications in Review**

### **Books/Book chapters**

Vitale, A. & Ray, M. (2010). Instructor's Guide for Transcultural Caring Dynamics in Nursing and Health Care. Philadelphia: F.A. Davis Co. [add webpage address]

## **PRESENTATIONS (including research)**

### **Invited, Refereed**

#### **International/National/Organizational Meetings**

Smith, M., & Vitale, A.T. *Hand Massage for Insomnia in Nursing Home Residents*, American Holistic Nurses Association Convention, Colorado Springs, Colorado (scheduled podium presentation for June, 2010)

**Vitale, A.T.** & Brownell, E. *Reiki Research Dissemination: The Touchstone Project*, American Holistic Nurses Association Convention, Colorado Springs, Colorado (scheduled podium presentation for June, 2010)

**Vitale, A.T.** *Nurses' Lived Experience of Reiki for Self-Care: Enhancing Health Through Daily Stress Management*, Podium presentation at Sigma Theta Tau 40<sup>th</sup> Biennial Convention, Indianapolis, Indiana, 2009

**Vitale, A. T.** *Online Teaching for Nursing Faculty: From Classroom to Computer Learning*, Podium presentation at Sigma Theta Tau 40<sup>th</sup> Biennial Convention, Indianapolis, Indiana, 2009.

Smith, M., & **Vitale, A.T.** *Nurses' Lived Experience of Reiki for Self-Care*, Podium presentation at American Holistic Nurses' Association, Madison, Wisconsin, 2009

**Vitale, A. T.** *Nurses' Lived Experience of Reiki for Self-Care*, Podium presentation at South Florida Research Consortium- Connect the Dots: Linking Research and Practice, Florida Atlantic University, Boca Raton, Florida, 2008

Vitale, A. T. *Nurses' Lived Experience for Reiki in Self-Care*, Annual Research Day, Villanova University, Villanova, PA, 2008

**Vitale, A.T.** *An Integrative Review of Reiki Touch Therapy: Implications for Nursing Practice and Research*, Podium presentation at Sigma Theta Tau International Convention, Baltimore, Maryland, 2007

**Vitale, A. T.** *Pain and Anxiety in Women with Abdominal Hysterectomies*, Poster presentation at Sigma Theta Tau, Alpha Nu Chapter, Villanova University, Villanova, PA, 2007

Chamberlain, B., and **Vitale, A.T.** *The Power of the Stem Cell*, Poster presentation at NJSNA Convention, Tropicana Resorts, Atlantic City, NJ, 2006

**Vitale, A.T.**, Vitello, L., & O'Connor, P. *Nurses' Spiritual Well-Being and Perceptions of Spiritual Care for Patients*, Poster presentation at Spirituality Conference at the Mayo Clinic, Rochester, MN, 2004

**Vitale, A.T.** *Promoting Research at the Bedside*, Podium presentation at Organization of Nurse Executives (ONE), Princeton, NJ, 2004

Nucero, P., & **Vitale, A.T.** *Promoting a Research-Friendly Environment*, Podium presentation at Institute for Nursing Magnet Conference, Newark, NJ, 2004

**Vitale, A. T.** *Nurses Spiritual Well-Being and Perceptions of Spiritual Care for Patients*, Podium presentation at 16<sup>th</sup> Annual Reinkeymer Research Day, Seton Hall University, South Orange, NJ, 2004

**Vitale, A. T.** & O'Connor, P. *Pain and Anxiety in Women with Abdominal Hysterectomies: An Experimental Study*, Podium presentation at Sigma Theta Tau International Research Conference, Toronto, Canada, 2003

**Vitale, A.T.** *Pain and Anxiety in Women with Abdominal Hysterectomies: An Experimental Study*, Podium presentation at 15<sup>th</sup> Annual Reinkeymer Research Day, Seton Hall University, South Orange, NJ, 2003

**Vitale, A.T.** *Reiki for Post-Operative Pain and Anxiety Management*, Podium presentation at Research Colloquium, St. Joseph's Medical Center, Paterson, NJ, 2002

Schneider, M., & **Vitale, A.T.** *Use of a Senior Nurse Clinician to Improve Patient Care Outcomes, Nurse Satisfaction, and Critical Thinking*, Poster presentation at Nurses Day at Community Medical Center, Toms River, NJ, 2002

**Vitale, A. T.** *An Evidenced –Based Approach towards Restraint Reduction in an Acute Care Setting*, Eastern Nursing Research Society, State College, PA and NJSNA Convention, Atlantic City, NJ, 2002

**Vitale, A.T.** *An Acute Care Fall Prevention Program*, Podium presentation at Sigma Theta Tau, Delta Nu Chapter, Ewing, NJ, 2002

**Vitale, A.T** & O'Connor, P. *The Nursing Research Process: An Interactive Approach*. Community Medical Center, Toms River, NJ, 2002

**Vitale, A.T.** *An Inpatient Falls Prevention Program- An Evidenced-Based Approach*, Podium presentation at NJSNA Convention, Atlantic City, NJ, 2001

**Vitale, A.T.** *An Inpatient Falls Prevention Program – An Evidenced Based Approach*, Poster presentation at Organization of Nurse Executives, Atlantic City, NJ, 2000

### **Regional Meetings**

**Vitale, A.T.** *Horizontal Violence*, Podium presentation at Peri-Anesthesia Care Nurses of Broward County- Spring Conference, Coral Springs, Florida, 2009

**Vitale, A.T.** *Reiki and Self-Care*, Podium presentation at New Jersey State Nurses' Association Care for the Caregiver Day, Pemberton, New Jersey, 2008

**Vitale, A.T.** *Research Critiques*, Community Medical Center, Toms River, NJ, 2005

**Vitale, A.T.** *Pain and Anxiety In Women with Abdominal Hysterectomies: An Experimental Study*, Podium presentation at Research Day, Hamilton Hospital (RWJ), Hamilton, NJ, 2004

**Vitale, A.T.** *Self Care for the Healer: Energy Therapies and Reiki*, Region 6- New Jersey State Nurses Association, Somers Pt, NJ, 2003

**Vitale, A.T.** & McMurray, S. *Self Care Practices for the Healer*, AORN, Jersey Shore Chapter, Toms River, NJ, 2003

**Vitale, A.T.** & O'Connor, P. *Evidenced-Based Best Nursing Practices*, Podium presentation at Research Day, Community Medical Center, Toms River, NJ, 2001

### **OTHER RESEARCH//SCHOLARSHIP/CONSULTATION SERVICES**

**Vitale, A.T.** *An Introduction to Reiki for Health Care Professionals*, self-study (1.0) contact hours for Villanova University College of Nursing Continuing Education, Villanova, PA, 2009

**Vitale, A.T.** *Research in Nursing*, online undergraduate nursing course developed for Thomas Edison State College, Trenton, NJ, 2008.

### **PROFESSIONAL ORGANIZATIONS AND SERVICE (alphabetical)**

#### **Professional Organizations and Membership Service**

American Holistic Nurses' Association  
2000-present Member

#### American Nurses' Association

2009-present Florida Nurses Association member  
 2007-present Pennsylvania State Nurses' Association member  
 1977-present New Jersey State Nurses' Association member

#### Center for Reiki Research

2008-present Volunteer Project Facilitator and research consultant (invited)

#### Eastern Nursing Research Society

2001- present Member

#### International Association for Human Caring

2007-present Member

#### New Jersey Nursing Initiative (NJNI)- Robert Wood Johnson Foundation (RWJF)- Strategic Planning Committee(invited)

2008-2009 Member  
 2009-present Creating Innovative Approaches to Increase Faculty Capacity Taskforce (Invited).  
 Re-Envisioning Clinical Education Conference- Planning Committee- Program: November 13, 2009

#### New Jersey State Nurses' Association

2007-2008 Resolutions Committee- member  
 2006-2009 Environmental Health Taskforce – member  
 2005-2007 INPAC member  
 2004-2009 Board of Directors- member (elected)  
 2004-2009 Congress on Policy/Practice- Chairperson (elected)  
 2002-2007 Region 6- VP of Communications  
 2001-2005 CARE Awards Committee-member  
 1999-present Advanced Practice Forum- member  
 1979-1981 Region 6 Nominations Committee- member

#### New Jersey Student Nurses' Association

1972-1976 Member

#### Sigma Theta Tau International

2008-present Iota Xi Chapter-member  
 2005-present Alpha Nu Chapter- member  
 1995-present Delta Nu Chapter  
 1997-1998 Delta Nu Nursing Research Day Committee- Co-Chair

## **PROFESSIONAL SERVICE**

### **Community Service**

2009-present The Loxahatchee Club Educational Fund Committee- member

### **Manuscript Reviewer**

2006-present Holistic Nursing Practice (invited)

### **Abstract Reviewer**

### **Consulting (Ad Hoc) Reviewer**

2008 Reviews on Clinical Trials (Refereed journal)

### **Sentinel Reader**

2007-present MORE EBN (McMaster Plus/Pier/EB Journals)- complementary and alternative health care topics (invited)

### **Grant Proposal Reviewer**

2009 Florida State Nurses Research Grant reviewer- (invited)(n-6)

## **INSTITUTIONAL SERVICE**

### **University Committees/Service**

2009- Academic Advisory Committee for IRM

### **College of Nursing Committees/Service:**

2009-present- Faculty development mentor/resource - online teaching-learning, online course development

2009- present – Guest lecturer (Spring semester) in MSN nursing education track- selected online teaching topics

2008- present- Master's Committee

2008-present- Doctoral Committee

2008- present- RN to BSN Committee

2008-present- Faculty Committee

### **Dissertation Supervision/Activities**

### **PhD Student Qualifying Exam Committee**

### **Completed**

Jackie Stahl- completed Fall, 2009

### **Past Clinical Committees:**

**Community Medical Center:** Nursing Research Council- Chairperson, Institutional Review Board- Adverse Event Subcommittee, Chairperson and Informed Consent Subcommittee, Advanced Practice Nursing Council, Nurse Credentialing Council, Magnet Standards Committee, Magnet Champion Nurse Committee, Bioethics Committee, Bereavement Interventional Committee, Clinical Ladder Committee, Nursing Practice Council, Nursing Leadership Council, Health Education Committee, Falls Prevention Process Improvement Committee, Chairperson, Restraint Reduction Process Improvement Committee,

Corporate Holistic Health Committee, Corporate Restraint Policy Committee, Nutritional Process Improvement Committee, Pressure Ulcer Prevention Process Improvement Committee-

**Ocean County Health Dept:** Professional Practice Council, Documentation and Protocol Development Committee, Orientation/Preceptor Committee, Marketing/Public Relations Committee

**Vitale, 12/09**